EPIC Tip Sheet

5 WAYS TO CELEBRATE YOUR CHILD'S CULTURE OF ORIGIN



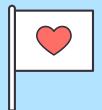
Invest in Books & Toys

Your kid(s) should have books, movies, toys, etc. in the home that are reflective of their birth culture. Tell them stories about historical figures from their culture, both great and small, that made a difference in the world.



Bring Diversity Into Their Life

Your kid(s) should have trusted adults and peers in their life that share their cultural background. Taking them to a church event, hair salon, or afterschool program that's in a different neighborhood than yours may be ways to do this if you live in a non-diverse area.



Find a Cultural Event Near You

Many cities and municipalities host festivals, concerts, and holiday events celebrating different cultures. Allow your child to enjoy meeting



Create A Family Tree

Use whatever knowledge you have of their birth family to help them draw and label a family tree with their genealogical roots. You may even consider gifting them a DNA test if they are interested in going deeper into this!

new people, tasting food, and experiencing the music of his/her culture of origin.



Learn a Language

Together, you and your child can use applications like DuoLingo or free audiobooks on Spotify or Youtube to learn (even just the basics) of a language spoken in their culture of origin. This activity is fun, brings you together, and shows them your interest in celebrating a huge part of who they are.

For more resources like this, visit:

4KIDS.us/EPIC/ParentResources

